



St. George's Park Complex Injury Clinic

Wednesday 15th October | Hip and groin injuries 14:00 - 16:00 | Other injuries 16:00 - 21:00

Do you have a Complex Injury? The team at St. George's Park are offering a unique opportunity for a super-specialist interdisciplinary assessment plus treatment advice from a team of renowned sports injury experts.

Aimed at sportsmen and women with challenging or complex sports injury problems, the Superclinic concept is based on the 'Grand Round' system used in America and provides the opportunity for challenge, debate and discussion amongst a team of expert medical and special-interest surgical consultants (OrthTeam), and rehabilitation sports injury experts – with, of course, vital input from the athlete and their clinical representative.

The visit commences with an in-depth consultation with Dr Charlotte Cowie for her to gain an understanding of current challenges and future expectations, and is followed by a detailed clinical assessment using the latest assessment technology by the physiotherapy and sport science team. The outcomes from this assessment are then presented to the panel of clinical experts for debate and discussion to ascertain a solution for a preferred pathway for treatment. The total experience lasts approximately 4 hours.

The Superclinic can be accessed via Health Partners or on a self-fund basis for £500 per patient. For more information or to register for the Superclinic, please contact the Perform team.

Perform at St. George's Park Team

Dr Charlotte Cowie Sports and Exercise Medicine Doctor
Dr Andrew Dunn Radiologist
Dr Carl Wells Sports Science Lead
Steve Kemp Elite Physiotherapist
Paul Williamson Lead Physiotherapist
Donna Gormley Specialist Physiotherapist
Nathan Miller Sports Scientist

Special-Interest Surgical Consultants

Prof Damian Griffin Hip and Groin Surgeon

OrthTeam Consultants

Prof Philip Turner Knee Surgeon
Prof Tim Board Hip and Knee Surgeon
Prof Adam Watts Elbow, Hand and Upper Limb Surgeon
Mr Mike Hayton Hand and Wrist Surgeon
Mr Nick Phillips Shoulder Surgeon
Mr Tim Clough Foot and Ankle Surgeon
Mr Jon Borrill Knee Surgeon
Mr Sanjay Anand Knee Surgeon
Mr Adam Hoad-Reddick Hip Surgeon

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OrthTeam


Spire Healthcare